## **2023 AYF/CMYFCC Football Coaches Training and Certification Requirements**

Training Required By	Who needs to take the course	Training Title	Training Provider	Where to obtain the training	Cost & Discount Code (if applicable)	Additional Instructions
AYF	NEW Coaches Only	Head Coach & All Assistant Coaches MUST be Human Kinetics/Coaching Youth Football the AYF Way Certified.	Human Kinetics	www.ayfcoaching.com	\$24.95 (Use discount code 6578 at checkout)	Print certificate for team book
AYF	RETURNING Coaches Only	AYF/AYC Recertification Course: Safety and Health, refresher course	Human Kinetics	www.ayfcoaching.com	\$15.95	-Print certificate earned for team book
AYF	One Coach minimum per team	First Aid and CPR	Red Cross or American Heart Association	Check with your local fire department or your local area hospital, or, visit one of the following:  https://cpr.heart.org/AHAECC/CPRAndECC/FindAC ourse/UCM 473162 CPR-First-Aid-Training- Classes-American-Heart-Association.jsp  https://www.redcross.org/local/massachusetts/take-a-class	\$75-\$120 per certification.	- Please work with head coach/football director to coordinate need for the team Take a copy of earned certification card for team book.
CMYFCC	All Coaches	NFHS Football Tackling	NFHS	https://nfhslearn.com/courses/football-tackling	Free	- Print certificate for team book
CMYFCC	ALL Coaches	NAYS Concussion Training	NAYS	www.nays.org/concussion-training - For the Nays Concussion Training	FREE	- Print certificate for team book
CMYFCC	ALL Coaches	NAYS Bullying	NAYS	www.nays.org/bullying-prevention-training - For the NAYS Bullying	FREE	- Print certificate for team book

<sup>\*\*\*</sup>ALL TACKLE AND FLEX ARE REQUIRED TO COMPLETE ALL. PRINT AND PLACE IN BOOKS FOR CERTIFICATION. \*\*\*